



1A Douglas Ave, Yorkton SK
(across from Deer Park Golf Course)

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FALL 2022 Schedule

Mandatory – \$46.00 Annual Gym Sask/Gym Canada Membership fee (September 1-August 31) **NON-REFUNDABLE**

Mandatory – chocolate almond fundraiser; can “buy-out” for \$60.00 or purchase a case to sell for \$90.00 (you keep the money as you sell them)

NO REFUNDS AFTER 2ND CLASS

| Class | Age/Cost | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---------------------------------------|-----------|-----------|-----------|-------------|-----------|----------------------------|
| Parent & Tot | | | | | | | |
| Play & Exploration *explore the gym with a parent/guardian | \$42 1-5 years 1.5 hour drop in | | | | 10:30-12:00 | | |
| Parent & Tot *skill building and preparation for independent learning; parent assisted | \$200 2-3 years 30 minutes | | | | | 4:30-5:00 | 9:30-10:00 |
| Pre-School | | | | | | | |
| Jumping Beans *exploration of physical literacy; a class for beginners or those children who require a shorter class time | \$225 2.5-4 years 30 minutes | 5:00-5:30 | | | | 5:15-5:45 | 11:15-11:45 |
| Sprouts *a class for children who have been in Jumping Beans or who need to continue to work on physical literacy and social skills | \$277 3-5 years 45 minutes | | 5:00-5:45 | 5:15-6:00 | 5:00-5:45 | | 9:45-10:30 |
| Hot Shots *a class for children with advanced gross motor skills and those that excel at the seven fundamental movement patterns. | \$277 4-6 years 45 min | 5:45-6:30 | 6:00-6:45 | 6:15-7:00 | | | 10:15-11:00 12:00-12:45 |
| Recreational | | | | | | | |
| Beginner 1 *introduction to fundamentals, positions and safety (children who have completed Hotshots can register in Beginner 2) | \$315 6+ 60 min | | | | 5:45-6:45 | 6:00-7:00 | 10:45-11:45 |
| Beginner 2 *continue to work on progressions and skills based on the Can-Gym program | \$315 6+ 60 min | | | | 5:45-6:45 | 6:00-7:00 | 12:00-1:00 (ages 9-12) |
| Intermediate 1 *must have completed Level 2 | \$337 6+ 75 min | 6:45-8:00 | | | | 5:20-6:35 | |
| Intermediate 2 *must have completed Intermediate Level 1 | \$375 6+ 90 min | | 6:00-7:30 | | | | |
| Intermediate 3 *must have completed Intermediate Level 2 | \$400 8+ 2hrs/week | | | | | TBD | |